

# LETHBRIDGE PRIMARY MENU

Allergen Information: Menu descriptions may not list every individual ingredient. We are aware of the presence of allergens requiring labelling, so please ask a member of the catering team should you require any more details. Vegetarian options are indicated by the symbol (V).

## WEEK 1

02/09, 23/09, 14/10, 11/11, 02/12

### MONDAY

Spaghetti Bolognese,  
Garlic Bread & Sweetcorn  
Mac 'n Cheese  
Garlic Bread & Sweetcorn (V)  
Pasta  
with Tomato Sauce & Cheese  
Chocolate Shortbread Biscuit  
with Orange Wedge

### THURSDAY

Ham & Pineapple Pizza Baguette  
with Diced Potatoes  
& Rainbow Slaw  
Cheese & Tomato Pizza Baguette  
with Diced Potatoes  
& Rainbow Slaw (V)  
Jacket Potato  
with Beans, Cheese or Tuna Mayo  
Homemade Banana Cake  
with Toffee Drizzle

## WEEK 2

09/09, 30/09, 21/10, 18/11, 09/12

### MONDAY

Chicken & Vegetable Tray Bake,  
with Rainbow Vegetable Rice  
Peri Peri Quorn Fillet,  
with Rainbow Vegetable Rice (V)  
Pasta  
with Tomato Sauce & Cheese  
Strawberry Ice Cream  
with Strawberry Sauce

### THURSDAY

Beef Burger in a Bun,  
Potato Wedges & Garden Peas  
Veggie Burger,  
Potato Wedges &  
Garden Peas (V)  
Jacket Potato  
with Beans, Cheese or  
Tuna Mayo  
Mixed Fruit Salad

## WEEK 3

16/09, 07/10, 04/11, 25/11, 16/12

### MONDAY

Chicken Nuggets,  
Diced Potatoes & Garden Peas  
Vegetable Nuggets,  
Diced Potatoes & Garden Peas (V)  
Pasta  
with Tomato Sauce & Cheese  
Homemade Raspberry Oat Slice

### THURSDAY

Ham & Cheese Pizza Muffin,  
with Potato Wedges & Side Salad  
Margherita Pizza Muffin,  
with Potato Wedges & Side Salad (V)  
Jacket Potato  
with Beans, Cheese or Tuna Mayo  
Strawberry Jelly

### TUESDAY

Southern Style Chicken Wrap  
Shredded Lettuce in a Tortilla Wrap  
with Potato Wedges & Garden Peas  
Peri Peri Quorn Wrap  
Shredded Lettuce in a Tortilla Wrap  
with Potato Wedges & Garden Peas (V)  
Jacket Potato  
with Beans, Cheese or Tuna Mayo  
Coombs Ice Cream Sundae  
with Sauce & Sprinkles

### FRIDAY

Cod Fish Fingers,  
Chips & Baked Beans or Peas  
Cheese & Potato Puff,  
Chips & Baked Beans or Peas (V)  
Pasta  
with Tomato Sauce & Cheese  
Mixed Fruit Salad

### TUESDAY

Pepperoni Pizza,  
with Lightly Seasoned Diced  
Potatoes & Sweetcorn  
Margherita Pizza  
with Lightly Seasoned Diced  
Potatoes & Sweetcorn (V)  
Jacket Potato  
with Beans, Cheese or Tuna Mayo  
Homemade Secret  
Chocolate Brownie

### FRIDAY

Fish & Chips,  
with Chips & Baked Beans or Peas  
Cheesy Pinwheel,  
with Chips & Baked Beans  
or Peas (V)  
Pasta  
with Tomato Sauce & Cheese  
Homemade Milk  
Chocolate Cookie

### TUESDAY

Spaghetti Carbonara,  
with Garlic Bread & Green Beans (V)  
Vegetable Wholewheat  
Pasta Bake,  
with Garlic Bread & Green Beans (V)  
Jacket Potato  
with Beans, Cheese or Tuna Mayo  
Coombs Ice Cream Sundae  
with Sauce & Sprinkles

### FRIDAY

Cod Fish Fingers,  
Chips & Baked Beans or Peas  
Cheese & Potato Pie,  
Chips & Baked Beans or Peas (V)  
Pasta  
with Tomato Sauce & Cheese  
Homemade Lemon  
Drizzle Cake

### WEDNESDAY

Roast Chicken (Halal)  
with Mash Potato, Baby Carrots  
& Broccoli  
Veggie Toad in the Hole,  
Veg Sausages with Yorkshire  
Pudding, Mash Potato, Broccoli &  
Carrots with Gravy (V)  
Pasta  
with Tomato Sauce & Cheese  
Strawberry Mousse  
with Berry Topping

### WEDNESDAY

Roast Chicken, (Halal)  
with Croquette Potatoes,  
Baby Carrots & Broccoli  
Cauliflower Bake,  
with Croquette Potatoes,  
Baby Carrots & Broccoli (V)  
Pasta  
with Tomato Sauce & Cheese  
Mandarin & Orange Jelly

### WEDNESDAY

Roast Chicken (Halal)  
with Roast Potatoes, Baby Carrots  
& Broccoli  
Roast Quorn,  
with Roast Potatoes, Baby Carrots  
& Broccoli  
Pasta  
with Tomato Sauce & Cheese  
Homemade Pear & Chocolate Sponge  
with Custard

### AVAILABLE DAILY

Fresh Salad Bar



STAY  
HYDRATED